

### **Mission Statement**

The mission of the YCSH Junior Sailing Education Program is to provide a program which will instill a love for the sport of sailing in our youth, teach them sound basic seamanship, sportsmanship, water safety, and help them become proficient recreational and/or competitive sailors.

### **Grandchildren Policy**

(For children 14 and under)

The Board of Directors has adopted a firm policy that in order for children to participate in the Youth Activities or Junior Sailing programs their parents must be club members (or on the waiting list for membership). This requirement may be waived if:

1. The children reside with and are under the supervision of their grandparents (who are members)during the time the children are enrolled; and
2. The parents are not in or around the Stone Harbor area.

If you are a grandparent wishing to enroll your grandchildren in the Youth Activities or Junior Sailing Programs, please submit a written request to the Commodore for consideration.

### **Refund Policy**

The Board of Directors has adopted a policy that no refunds will be given once students have begun any of the youth or sailing activities. Deposits given to assure registration in any of the summer activities are also non-refundable.

### **Code of Conduct**

1. Children must stay with their classes at all times unless excused by their instructor.
2. All equipment used by a sailor must be cleaned and put away at the end of each day.
3. Profanity is not permitted.
4. Children are expected to clean up after themselves; specifically at lunch and throughout the day.

### **YAP Guest Policy**

Children attending YAP are not permitted to bring guests due to safety and liability considerations.

### **General Guidelines for a Safe Summer**

1. All classes will be held rain or shine. **PLEASE DO NOT CALL** the club to see if YAP is still being held.
2. Safety is our number one priority for your child. If a child acts in an unsafe manner, their parents will be notified.
3. All YAP participants will be given a swim test to determine proficiency level. All sailors are required to wear life jackets when in a boat.

Lost and Found will be located on the Grille Room deck in bins. Be sure to label **ALL** items with your child's name, especially Life Jackets.

### **Equipment Your Child Will Need**

To help ensure the safety of our young children and to maximize their enjoyment of sailing camp we require that your child have the following:

- A properly fitted and comfortable USCG approved type III life jacket with whistle attached.
  - **All classes are required to wear PFDs at all times while participating in water activities.**
- Appropriate footwear should be worn on the club grounds at all times (sneakers, non-marking water shoes, etc...)
- A towel and bathing suit, and clothes for after swimming.
- Hat or sunglasses, sunscreen, and bug spray.
- Be sure to dress appropriately for the weather.
- Each child will be given a YAP Pack containing a whistle, a water bottle, and a YAP t-shirt.

In addition, all sailors are required to have the following equipment for their boats:

- A 30' bowline attached at the bow; strong enough to tow the boat under severe weather conditions.
- Centerboard, rudder assembly, drain plug, sails, and sail ties. All items must be labeled.
- Each Optimist must have two hand bailers (NO broken handles!) and all flotation properly inflated and secured.
- Arrangements must be made through the Office for summer rack storage.

## **Club Boat Policy**

### **Optis**

The club owns a fleet of Optimists, which children in Beginning and Intermediate Opti sailing classes may use by paying a fee designed to cover maintenance costs. The use fee will be waived for one session for any first time sailor taking a class at YCSH. Demand for these boats is extremely high and they will be reserved on a first come, first served basis through your YAP registration form. Parents are encouraged to purchase an Optimist for their child once they reach intermediate level and are required to purchase one for advanced sailors. There are many suppliers to choose from for purchasing new boats. Inquire with Laura Owens for details. Used boats are also available privately. Check the bulletin board in the Grille Room, the Blinker, or inquire about retiring boats from the club.

### **Sunfish**

The club owns a small fleet of Sunfish, which children may use by paying a fee designed to cover maintenance costs. The use fee will be waived for one season for any first time sailor taking a class at YCSH. For information on buying a used Sunfish, you can inquire with Laura Owens for details or check the bulletin board in the Grille Room or the Blinker.

### **Laser**

All sailors should plan on providing their own boat. The club owns three hulls with limited radial rigs. Sailors who do not own one should seek to lease/borrow boats. Club Lasers are on a first come, first served basis and are rentable at \$195 per session. For information on buying a used Laser, again check the bulletin board.

### **420's**

The club owns four 420's for sailors who would like to try this boat. The boats are adequate for learning the basics, but will not perform if sailed competitively. The boat use fee per session is \$195 per person. This is raced extensively in the college ICSA circuit.

### **Instructor Requirements**

All YCSH Instructors must be 16 years old and have obtained their US Sailing Level 1 and /or Level 2 Sailing Certification. A Level 1 certification covers teaching instructors on-the-water group instruction techniques, lesson planning, lifesaving and powerboat safety. A Level 2 certification covers how to effectively develop performance boat handling, and racing skills, and to instill in athletes the importance of ethical behavior and sportsmanship in the sport of sailing.

All instructors have their Boat Safety Certificate and are CPR, AED, and First Aid certified. All instructors wear red t-shirts with “**YCSH Sailing Staff**” on the back so that they are easy to identify. All instructors are supervised by the Head Sailing Instructor and Waterfront Director. Your child’s instructor should be your contact for any questions or concerns about your child. Any medical conditions or other issues should be discussed with the Waterfront Director and your child’s instructor prior to the start of camp.

### **Sailing Curriculum**

The Yacht Club of Stone Harbor has adopted the curriculum set forth by US Sailing. It is our goal that each child achieve the standards set forth by US Sailing. Each sailor will receive a “Little Red/Green Book” and a U.S. Sailing Small Boat Sailor Certification Record book. Each instructor will complete the record based on the curriculum set forth by the U.S. Sailing Association. The instructor will outline their specific strengths, weaknesses, and recommendations for next year.

## **YCSH Fleet**

- **Optimist Dingy**
  - The Optimist is a single-handed boat for boys and girls ages 6 through 16 and less than 120 pounds. Its small size and lightweight make the boat easy to handle and transport. An Optimist is an excellent training boat as well as an active worldwide racing class
- **Sunfish**
  - The established single-handed class for both youth and adult sailors in South Jersey is the Sunfish. While designed as a recreational boat, the Sunfish is sailed competitively worldwide. Its generous beam allows the sunfish to be comparatively stable and forgiving.
- **Laser**
  - The Laser is an Olympic class single-handed racing boat which is fast, durable, and simple to rig. Our classes are taught using the Radial (smaller) sail primarily. This boat is appropriate for both teen and adult sailors weighing at least 110 pounds.
- **Club 420**
  - The advanced youth racers will be introduced to double-handed boats by sailing and crewing on a 420. Additionally, the club owns two 420's available for demonstration for those members interested.
- **Flying Scot**

The Flying Scot is a 19-foot centerboard day sailer. The large, deep cockpit is ideal for family sailing, holding as many as eight people. The Flying Scot is also a great racer with a crew of two or three. Occasionally, students will join their instructor, learning the joys of sailing a larger boat and using a jib, on the Flying Scot. The Flying Scot is additionally used for adult lessons and can be rented by adult sailors.

